

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients - please ask All our meals are made daily from fresh locally sourced and seasonal produce from Kent

WEEK

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

MONDAY 21 APRIL	TUESDAY 22 APRIL	WEDNESDAY 23 APRIL	THURSDAY 24 APRIL	FRIDAY 25 APRIL
EASTER MONDAY	Oven Baked Pork and Beef Sausages with Gravy (1, 14)	EASTER LUNCH	Cheese and Tomato Pizza with Potato Wedges (1, 8, 9)	Breaded Fish (1, 4)
	Oven Baked Vegetarian Sausage with Gravy (1) VEGAN		Pesto Pasta (1)	Homemade Spring Rol (1, 8) VEGAN
	Cold Wrap Selection		Cold Wrap Selection	Cold Wrap Selection
	Jacket Potato with Topping of the Day	Roast Beef and Yorkshire Pudding (1, 7, 9) Rice and Bean Stuffed Pepper VEGAN	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
	Herby Potatoes, Baked Beans and Salad Bar	Tomato and Basil Pasta Twirls (1) Cold Wrap Selection Roast Potatoes, Fresh Carrots and Spring Greens Easter Delights	Sweetcorn and Salad Bar	Chips, Garden Peas and Salad Bar
	Mixed Berry Cup Cake (1, 7)		Apple and Pear Crumble with Custard (1, 9)	Melting Moment Cooki (1, 7)

AVAILABLE DAILY - HOMEMADE WHOLEMEAL BREAD • JELLY • FRESH FRUIT • CHEESE AND BISCUITS • FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN 3 MOLLUSCS **5 PEANUTS** 7 EGGS 9 MILK 11 MUSTARD 13 SESAME 2 CRUSTACEANS 4 FISH 6 NUTS 8 SOYBEANS 10 CELERY 12 LUPIN **14 SULPHUR DIOXIDE**

*ALL OUR MENUS ARE TREE NUT AND PEANUT FREE

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING













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MONDAY 28 APRIL	TUESDAY 29 APRIL	WEDNESDAY 30 APRIL	THURSDAY 1 MAY	FRIDAY 2 MAY
Mild Chicken Curry with Rice and a Poppadum (1)	Beef Meatballs in a Tomato Sauce with Spaghetti (1)	Roast Gammon with Pineapple	Crispy Chicken in a Wrap (1, 8)	Fishfingers (1, 4)
Mac n' Cheese (1, 9, 11)	Chickpea and Vegetable Tagine with New Potatoes VEGAN	Courgette Bake VEGAN	Quorn Dippers in a Wrap (1, 8) VEGAN	Cheese and Tomato Turnover (1, 9)
Baguette Selection	Baguette Selection	Baguette Selection	Baguette Selection	Baguette Selection
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Sweetcorn and Salad Bar	Fresh Broccoli and Salad Bar	Roast Potatoes, Fresh Carrots and Green Beans	Potato Wedges, Baked Beans and Salad Bar	Chips, Garden Peas and Salad Bar
Pineapple Upside Down Cake with Custard (1, 7, 9)	Tutti Frutti Tuesday	Raspberry Ripple Sponge with Custard (1, 7, 9)	Chocolate Brownie (1, 7)	Oatie Cookie (1)

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ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS 4 FISH 5 PEANUTS 6 NUTS 7 EGGS 8 SOYBEANS 9 MILK 10 CELERY 11 MUSTARD
12 LUPIN

13 SESAME 14 SULPHUR DIOXIDE

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	MONDAY 5 MAY	TUESDAY 6 MAY	WEDNESDAY 7 MAY	THURSDAY 8 MAY	FRIDAY 9 MAY
	HOLIDAY	Cheese Pinwheel (1, 9)	Roast Beef with a Yorkshire Pudding (1, 7, 9)	VICTORY IN EUROPE 1945 VICTOR	Baked Breaded Fish (1, 4)
		Tomato Pasta (1)	Leek and Squash Crumble (1) VEGAN		Vegetarian Sausage in a Roll (1) VEGAN
		Cold Wrap Selection	Cold Wrap Selection		Cold Wrap Selection
		Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day		Jacket Potato with Topping of the Day
		Cubed Potatoes, Baked Beans and Salad Bar	Roast Potatoes, Medley of Vegetables and Green Beans		Chips, Garden Peas and Salad Bar
		Shortbread Finger with Fruit Wedges (1)	Sticky Toffee Pudding and Custard (1, 7, 9, 14)		Chocolate Cookie (1)

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BALFOUR JUNIORS

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MONDAY 12 MAY	TUESDAY 13 MAY	WEDNESDAY 14 MAY	THURSDAY 15 MAY	FRIDAY 16 MAY
Beefburger in a Bun (1, 8, 13)	Mexican Style Chicken in a Taco with Rice	Roast Turkey	UNDER	Battered Chicken Steak (1, 7, 8, 9)
Vegetarian Burger in a Bun (1, 13) VEGAN	Chunky Tomato Pasta (1)	Cheese and Leek Pie with a Shortcrust Topping (1, 9, 11)	THE JEA	Cheese and Tomato Baked Pitta (1, 9)
Baguette Selection	Baguette Selection	Baguette Selection		Baguette Selection
Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Star Fish 'Fingers' (1, 4) Nemo's Quorn Dippers (1, 8) Sea Horse Tomato Pasta	Jacket Potato with Topping of the Day
Potato Wedges, Baked Beans and Salad Bar	Fresh Broccoli and Salad Bar	Roast Potatoes, Fresh Carrots and Spring Greens	Baguette Selection Mini Hash Browns, Octopus Spaghetti Hoops (1) and Salad Bar	Chips, Garden Peas and Salad Bar
Blueberry Sponge with Custard (1, 7, 9)	Strawberry Jelly Mousse (9)	Chocolate Cake with Chocolate Sauce (1, 7, 9)	Neptune's Jelly and Ice Cream (9)	Fruity Flapjack (1)

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MONDAY 19 MAY	TUESDAY 20 MAY	WEDNESDAY 21 MAY	THURSDAY 22 MAY	FRIDAY 23 MAY
Spaghetti Bolognaise with Garlic Bread (1, 8, 9)	Chicken Fajita with Savoury Rice (1, 11)	Roast Gammon with Pineapple	Cheese and Tomato Pizza (1, 8, 9)	Baked Breaded Fish (1, 4)
Bean and Vegetable Chilli with Rice VEGAN	Mac & Cheese (1,9)	Spring Vegetable Casserole with Dumplings (1) VEGAN	Tomato and Basil Pasta (1)	Crispy Quorn Dippers (1, 8) VEGAN
Cold Wrap Selection	Cold Wrap Selection	Cold Wrap Selection	Cold Wrap Selection	Cold Wrap Selection
 Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
Fresh Broccoli and Salad Bar	Fresh Carrots and Salad Bar	Roast Potatoes, Mashed Swede and Green Beans	Herby Potatoes, Baked Beans and Salad Bar	Chips, Garden Peas and Salad Bar
Apple Flapjack Crumble with Custard (1, 9)	Mixed Berry Cupcake (1, 7)	Peach and Banana Sponge with Custard (1, 7, 9)	Tutti Frutti Thursday	Chocolate Krispie Cake (1, 9)

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